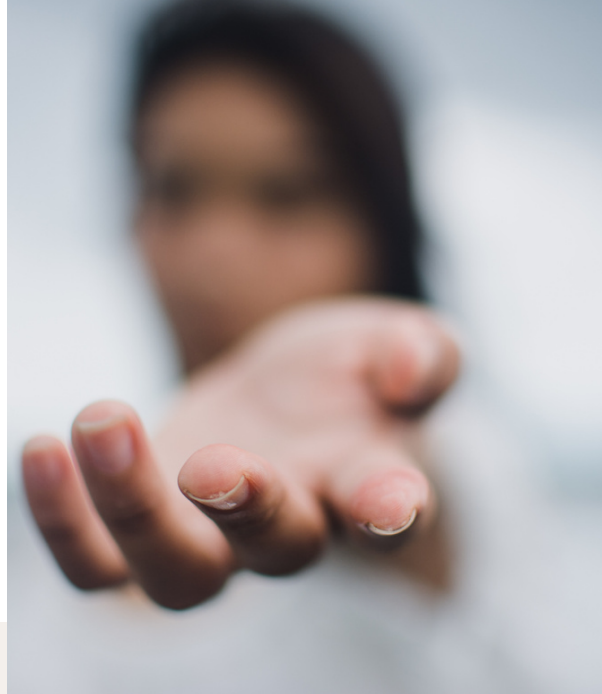


A TOOLKIT WITH RESOURCES TO HELP CREATE  
TRAUMA-INFORMED COMMUNITIES



THE GOOD SAMARITAN  
*Post Conference Resources*

# *About this* TOOLKIT



This toolkit was created to provide you with some tangible resources for yourself, your congregation and community. The hope and goal is to provide you with the opportunity for ongoing learning, growth and understanding as you continue to serve others, while creating trauma-informed safe communities.

This toolkit is broken down into several different categories with resources listed under each category.

- Addictions
- Clergy Misconduct
- Domestic Abuse
- Local Practical Support
- Narcissism
- Trauma
- Women's Function/Roles
- Marriage
- Human Trafficking
- Grief Counseling
- Abortion
- Suicide
- Transgender
- Recovery Coaches
- Suggested Readings/Videos

**PLEASE NOTE:  
(\*\*\*) MEANS THIS IS A  
HIGHLY RECOMMENDED  
RESOURCE**

*Yeshua told him, "Go and do likewise."*

*a research study on trauma*

# P-ACES STUDY

ACES stands for Adverse Childhood Experiences. It is an ongoing study that informs how trauma effects the body.

## Adverse Childhood Experiences (ACEs)

**WHAT ARE ACEs?** ACEs are stressful events during childhood and include:

<ul style="list-style-type: none"> <li>physical -</li> <li>emotional -</li> <li>sexual -</li> </ul>	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Abuse</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Neglect</div>	<ul style="list-style-type: none"> <li>- physical</li> <li>- emotional</li> </ul>
<ul style="list-style-type: none"> <li>substance abuse -</li> <li>divorce and separation -</li> </ul>	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Household adversity</div>	<ul style="list-style-type: none"> <li>- mental illness</li> <li>- domestic violence</li> <li>- incarcerated family member</li> </ul>	

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**ACEs can affect us all**

**IMPACTS OF ACEs** Greater risk of poor physical, mental and emotional health throughout the life-course, including:

relationship difficulties

physical illnesses

self-harm

violent behaviour


substance misuse

early death


mental illness

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ACEs have a cumulative effect - the more childhood adversity experienced, the greater the risk of harmful effects later in life



However, harm is not inevitable and with the right support, people can overcome adversity



Find out more: search 'ACEs' at [www.gcph.co.uk](http://www.gcph.co.uk)

For further insight please visit the P-ACES website at: <https://pacesconnection.libguides.com/resourcecenter/traininghealing-centered/presentations>

# ADDICTIONS

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## Website Resources

- Teen Challenge  
<https://www.globaltc.org/>  
\*\*\*<https://www.intherooms.com>
- <https://newlifespirtrecovery.com/addiction-help-for-pastors/>
- <http://christians-in-recovery.org/>
- \*\*\*<https://www.nacr.org/>
- <https://www.celebraterecovery.com/>
- <https://www.naadac.org/>

NEARLY 25 MILLION  
AMERICANS OVER THE  
AGE OF 11 REPORTED THAT  
THEY WERE CURRENTLY  
USING ILLICIT DRUGS.



SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION

## Sex/Porn Addictions

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RESEARCH SHOWS  
THAT A PORN  
HABIT CAN FUEL  
LONELINESS,  
DEPRESSION, AND  
ANXIETY.

Butler, Pereyra, Draper, Leonhardt, & Skinner,  
2018 Levin, Lillis, & Hayes, 2012

A GLOBAL MOVEMENT OF FIGHTERS  
© FIGHT THE NEW DRUG

- <https://integrityrestored.com/resources-for-overcoming-pornography-addiction/>
- <https://puredesire.org/>
- <https://puredesire.org/podcasts/>
- <https://puredesire.org/tools/>
- <https://conquerseries.com/>
- <https://christiancc.org/>
- <https://fightthenewdrug.org>
- \*\*\*<https://andrewjbauman.com/resource-list/>\*\*\*
- <https://www.johndiff.com/content/sex-porn-and-demonic-daily-life>

# DOMESTIC ABUSE

## Resources

### National Hotline Resources

National Center for Victims of Crime (800)FYI-CALL.

National Hotline for Victims of Sexual Assault (800)656-HOPE.

National Child Abuse Hotline (800)4-A-CHILD.

### Victim Resources

\*\*\*<https://www.domesticviolenceexpert.org/>

<https://www.giveherwings.com/resources>

\*\*\*<https://www.patrickdoyle.life/>

<https://www.flyingfreenow.com/>

<https://www.youtube.com/user/FaithTrustInstitute>

<https://www.calledtopeace.org/resources/>

<https://www.domesticviolenceexpert.org/>

<https://www.faithtrustinstitute.org/>

<http://www.ncdsv.org/>

\*\*\*<https://www.markwynn.com/>

\*\*\*<https://patrickweaver.org/resources/>

<https://patrickweaver.org/project-shift/>

\*\*\*<https://unholycharade.com/>

<https://www.wildernesstowild.com/safer-churches-seminar>

<https://www.wildernesstowild.com/start-here-abuse-response-decision-tree>

\*\*<https://www.wildernesstowild.com/dv-resources-list>

<https://www.confusiontoclaritynow.com/blog/seeing-spiritual-abuse-by-your-church>

\*\*\*<https://www.houseofpeacepubs.com/index.htm>

<https://www.thehotline.org/>

<https://www.techsafety.org/blog/2022/3/16/the-tech-safety-app-has-been-updated>

### Pastor's Guidance

<http://www.abigail-ministries.org/pastors--pages>

<http://www.abigail-ministries.org/>

<https://www.netgrace.org/>

\*\*\*<http://southlakecounseling.org/>

<http://giveherwingsacademy.mykajabi.com/>

\*\*<http://www.leslievernick.com/>

\*\*<http://www.veritascounseling.com/>

<https://www.techsafety.org/resources-survivors>

<https://www.netgrace.org/grace-resources/>

Workbook/bible study:

\*\*\*<http://www.abigails.org/Workbook.pdf>

<http://www.abigails.org/a-studypage.htm>\*\*\*

### Local Support Resources

<https://www.healingthehome.org/> (batterers intervention program)

Branch House Family Justice Center  
(housing, legal help, food, clothing, counseling, etc.)

<https://www.branchhousetn.org/>

T. (423) 574-7233 (Blountville, TN)

Change is Possible (CHIPS) Domestic Violence Shelter (shelter, counseling, housing, legal help, etc.)

<http://www.chipsfvs.org/>

T. (423) 388-8281

(Carter, Greene and Unicoi counties, TN)

ON AVERAGE, NEARLY

**20 PEOPLE  
PER MINUTE**

are physically abused by an intimate partner in the United States.

During one year, this equates to more than 10 million women and men.

End violence everywhere

| [ncadv.org](http://ncadv.org)

# TRAUMA

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## Website Resources

<https://www.lifeskillsintl.org/>

<https://traumainformedcaretraining.com/free-trauma-informed-care-courses/>

[\\*\\*https://timfletcher.ca/](https://timfletcher.ca/)

<https://timfletcher.ca/what-is-complex-trauma/>

60 Characteristics of Complex Trauma - Part 29/60 - C-PTSD

Ace Test <https://www.youtube.com/watch?v=bYVtjnRwPps>

## Video Resources

Dr. Diane Langberg:

<https://www.youtube.com/channel/UCjtUjc-4iikL3JPJdpTuGbg>

## Book Resources

Living From The Heart Jesus Gave You by James G. Friesen, E. James Wilder, and Anne M. Bierling

Try Softer: A Fresh Approach to Move Us out of Anxiety, Stress, and Survival Mode--and into a Life of Connection and Joy by Aundi Kolber

*Trying Softer isn't about knowing or doing the right thing; it's about being gentle with ourselves in the face of the pain that is keeping us stuck. Because no matter how hard we try, we can't shame ourselves into change.*

*Aundi Kolber, Try Softer*

# NARCISSISM

## *Resources*

### Video Resources

<https://www.youtube.com/c/ShaneenMegji>

<https://www.youtube.com/c/AngelJStormPhD>

### Website Resources

[https://storage.snappages.site/BNRQGD/](https://storage.snappages.site/BNRQGD/assets/files/LBC-OctNov-2020-Presentation-LBC-Copy.pp-43.pdf)

[assets/files/LBC-OctNov-2020-](https://storage.snappages.site/BNRQGD/assets/files/LBC-OctNov-2020-Presentation-LBC-Copy.pp-43.pdf)

[Presentation-LBC-Copy.pp-43.pdf](https://storage.snappages.site/BNRQGD/assets/files/LBC-OctNov-2020-Presentation-LBC-Copy.pp-43.pdf)

[https://biblicalperspectivesonnarcissism.c](https://biblicalperspectivesonnarcissism.com/2019/05/07/the-range-of-perspectives-on-narcissism/)

[om/2019/05/07/the-range-of-](https://biblicalperspectivesonnarcissism.com/2019/05/07/the-range-of-perspectives-on-narcissism/)

[perspectives-on-narcissism/](https://biblicalperspectivesonnarcissism.com/2019/05/07/the-range-of-perspectives-on-narcissism/)

# DISSOCIATIVE IDENTITY DISORDER/ MULTIPLE PERSONALITY DISORDER (DID/ MPD)

### Website Resources

<https://www.traumahealingcenterkc.com/>

<https://www.lydiadm.org/resources/>

<http://www.ritualabusefree.org>

<https://www.dougriggs.org/SRA-DID-Resources.html>

[https://kingdomintelligencebriefing.com/books/mind-](https://kingdomintelligencebriefing.com/books/mind-control-america/)

[https://kingdomintelligencebriefing.com/resources/healing-](https://kingdomintelligencebriefing.com/resources/healing-for-victims-of-trauma-and-abuse-with-dissociative-identity-disorder-series-by-mary-lou-lake/)  
[for-victims-of-trauma-and-abuse-with-dissociative-identity-](https://kingdomintelligencebriefing.com/resources/healing-for-victims-of-trauma-and-abuse-with-dissociative-identity-disorder-series-by-mary-lou-lake/)  
[disorder-series-by-mary-lou-lake/](https://kingdomintelligencebriefing.com/resources/healing-for-victims-of-trauma-and-abuse-with-dissociative-identity-disorder-series-by-mary-lou-lake/)

### Book Resources

What Witches Don't Want Christians to  
Know (Expanded Edition) by Mary Lou

Lake

# CLERGY MISCONDUCT/TRAINING FOR CLERGY

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## Website Resources

<https://www.nacr.org/nacr-institute>

<https://www.faihttrustinstitute.org/resources>

[https://www.youtube.com/watch?  
v=j85z5cgawgc&list=WL&index=25](https://www.youtube.com/watch?v=j85z5cgawgc&list=WL&index=25)

Witchcraft In The Church - by David Wilkerson | Full  
Sermon [https://www.youtube.com/watch?v=gjz8JBid-  
V8&list=WL&index=26](https://www.youtube.com/watch?v=gjz8JBid-V8&list=WL&index=26)

[https://www.podchaser.com/podcasts/skywatchtv-  
podcast-445170/episodes/religious-abuse-across-  
denomin-31387802](https://www.podchaser.com/podcasts/skywatchtv-podcast-445170/episodes/religious-abuse-across-denomin-31387802)

[http://letmewashyourfeet.blogspot.com/2012/11/witc  
hcraft-in-church.html](http://letmewashyourfeet.blogspot.com/2012/11/witchcraft-in-church.html)

## Book Resources

40 Signs of Witchcraft, Controlling Leaders & Occult  
Organizations: Dr. Matthew L. Stevenson

Sexual Abuse in the Church

\*\*\*<https://jimmyhinton.org/>



# WOMEN'S ROLE, DESIGN, AND FUNCTION

\*\*\*<https://tru316.com/the-book-of-eden>

<https://www.johndiff.com/content/2017/2/24/she-gets-the-revelation-first>

\*\*\*[https://godswordtowomen.files.wordpress.com/2010/10/gods\\_word\\_to\\_women1.pdf](https://godswordtowomen.files.wordpress.com/2010/10/gods_word_to_women1.pdf)

Keisha Gallagher:

\*\*\*<https://graceintorah.net/2013/05/15/the-biblical-role-of-women/>

Is God A Mysogynist by David Wilbur

## MARRIAGE

### Website Resources

<https://tolovehonorandvacuum.com/>

<https://www.5lovelanguages.com/>

### Book Resources

The 5 Love Languages: The Secret to Love that Lasts by Gary Chapman

Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No To Take Control of Your Life by Henry Cloud and John Townsend

Covenant Marriage by Gary Chapman

Hold Me Tight: Seven Conversations for a Lifetime of Love by Dr. Sue Johnson

# ABORTION

<https://letthemlive.org/>  
<https://surrenderingthesecret.com/>  
<https://www.liveaction.org/learn/resources/>  
<https://www.availnyc.org/>  
<http://hopeafterabortion.com/>  
<http://esperanzaposaborto.org/>

Resources for Post Abortive MEN

<https://www.lifeissues.org/2015/03/men-hurt-counseling-referral/>  
<https://www.lifeissues.org/2015/11/men-abortion-media-resources/>

## Post Abortion Trauma

<https://patlayton.net/>  
<https://supportafterabortion.com/men-healing-from-trauma/>  
<https://www.rachelsvineyard.org/>

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## A quick note:

While these resources are encouraged to assist with your continued learning we want to encourage you to test everything against Yahweh's word. Seek Him above all and His words in scripture as you continue to navigate your own healing journey and as you assist others in their journey. Shalom!

# DISABLED AND ELDERLY

Website Resources

<https://howtogeton.wordpress.com/>

<https://www.throughthegate.org/>

# GRIEF COUNSELING

Website Resources

<https://www.ligonier.org/learn/articles/grief-and-christian>

<https://www.thefoundationoftheword.org/counseling-services/> (Torah-based)

<https://compassionatesoulcareministry.com/services/>  
(Torah-based)

# SUICIDE

<https://suicidepreventionlifeline.org/>

1-800-273-8255

# TRANSGENDER

\*\*\*<https://transgendertotransformed.com/transgender-to-transformed/>

\*\*\*<https://www.ibelongamen.com/>

# HUMAN TRAFFICKING

## Website Resources

- [\\*https://sharedhope.org/](https://sharedhope.org/)
- <https://warriorbrideministries.com/initiatives/>
- <https://www.jacobooyensministries.org/>
- [\\*\\*\\*https://harvesthome.org/](https://harvesthome.org/)
- <https://medicalkidnap.com/>
- <https://endsexualexploitation.org/>
- <https://familywatch.org/>
- <https://www.comprehensivesexualityeducation.org/>
- <https://www.notforsalecampaign.org/what-is-human-trafficking/>
- <https://hopeforjustice.org/spot-the-signs/>
- <https://www.freetheslaves.net/slavery-today-2/slavery-today/>
- <https://love146.org/why-146/>

# SUGGESTED READINGS

- The 5 Love Languages: The Secret to Love that Lasts by Gary Chapman
- Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No To Take Control of Your Life by Henry Cloud and John Townsend
- Covenant Marriage: Building Communication & Intimacy by Gary Chapman
- Hold Me Tight: Seven Conversations for a Lifetime of Love by Dr. Sue Johnson
- Living From The Heart Jesus Gave You by James G. Friesen, E. James Wilder, and Anne M. Bierling
- Try Softer: A Fresh Approach to Move Us out of Anxiety, Stress, and Survival Mode--and into a Life of Connection and Joy by Aundi Kolber
- Why Does He Do That by Lundy Bancroft
- Cry for Justice by Pastor Jeff Crippen
- Unholy Charade by Pastor Jeff Crippen
- We/Me Too by Mary Demuth
- The Emotionally Destructive Marriage by Leslie Vernick
- What Witches Don't Want Christians to Know (Expanded Edition) by Mary Lou Lake
- From Victims to Victors Through the Cross of Jesus Christ by David L. & Donna M. Carrico
- Adult Children of Alcoholics and Dysfunctional Families Big Red Book
- Adult Children of Alcoholics and Dysfunctional Families Workbook
- The Laundry List/ACOA
- <https://www.anniewright.com/collusion-can-be-a-form-of-abuse-too/>  
<http://www.chrimoles.org/news/2022/2/am-i-abusive>

# SUGGESTED VIDEOS

Patrick Doyle Therapist

<https://www.youtube.com/c/PatrickDoyleLife>

Dr. Caroline Leaf

<https://www.youtube.com/c/DrCarolineLeaf>

Pastor Tim Fletcher, Therapist

\*\*\*<https://www.youtube.com/watch?v=vUm9grBzu8w&t=38s>

<https://www.thesacredlifepodcast.com/>

<https://hebrewnationonline.com/deliverance-ministry/>

\*\*\*2 Reasons Why Women Stay in Harmful Relationships\*\*\*

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## A quick note:

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